



# 3 WORKSHOP Days: What is Snoezelen®? Reimagining & Facilitating Multi-Sensory Environments at Jackson R. Lehman Family YMCA

5680 YMCA Park Drive West  
Fort Wayne, Indiana 46835



## Presentation Topic Summaries

**Session 1:1 Storytelling: The origin, philosophy and development of Snoezelen™ (Ad);**  
The Origin, Philosophy and Background of Snoezelen, for parents and caregivers; Co-founder Ad Verheul shares the personal story of how it all began, with observation, curiosity, imagination and dedication.

**Session 1:2 On Being a Family: A Child with Disability and Snoezelen (Maurits);**  
A talk for parents of a child with a disability, about doing things together, using Snoezelen-MSE approaches for creating meaningful and joyful moments that cultivate deeper connections for all family members.

**Session 1:3 Creating Meaningful Moments within the MSE (Tony);**  
Together, the relationship can move toward the discovering of possibilities for one's social-emotional development and self-determination. We will look at how we can facilitate one's social-emotional experience and development, by creating meaningful moments, using our tools (safe, loved, loving and engaged).

**Session 1:4 Reimagination/Getting a Feel for MSE Designs (Karen);**  
Consultant, designer, and supplier of multi-sensory equipment and environments discusses design and equipment possibilities, home and mobile for parents and caregivers.

**Session 1:5 Visit Snoezelen-Multi-Sensory Environment Room (ALL);**  
We will visit the Jackson R. Lehman Family YMCA Multi-Sensory Room for hands-on learning.

**Session 1:6 The Use of Colors, *discovering your child's rainbow* (Maurits);**  
The use of colors in learning or multi-sensory environments can evoke emotions and influence one's perception and/or experience. Discovering your child's "rainbow" and learning how to apply thoughtful uses of these colors, enriches their space beyond mere functionality. Colors create an invitation for the (social) engaging-emotional self.

**Session 1:7 Homemade Snoezelen Materials / Sensory Garden (Ad/Maurits);**  
Simple ideas and explanations for how to create Snoezelen materials using household items; Ad will share some ideas from his book, "Snoezelen Materials Homemade" (published in German) about everyday materials and possibilities. ( Ad )

How to build and design a sensory / sense garden and how to make special experience stations for your child, with simple, household or nature objects (Ad /Maurits)

**Session 1:8 WRAP-UP / All Share & Panel Discussion**