

DAY 3

3 WORKSHOP Days: What is Snoezelen®?
Reimagining & Facilitating Multi-Sensory Environments
at Jackson R. Lehman Family YMCA
5680 YMCA Park Drive West
Fort Wayne, Indiana 46835

Educators

Presentation Topic Summaries

Session 3:1 Storytelling: The origin, philosophy and development of Snoezelen™ (Ad);

The Origin, Philosophy and Background of Snoezelen, for teachers; Co-founder Ad Verheul shares the personal story of how it all began, with observation, curiosity, imagination and dedication to shared discovery and education.

Session 3:2 Educational Applications for COLORS in the Classroom (Maurits);

A talk for educators, about inclusion, using Snoezelen-MSE approaches for creating meaningful and joyful moments that cultivate deeper connections for all students.

Session 3:3 Teaching Materials based on a Sensory Processing Assessment (Tony);

Understanding the basic foundation of how one processes sensory information provides us with an invitation for creating meaningful learning material. What can you do now that you have completed the assessment and identified areas of need? Learn how to be creative through the process of social-emotional development. Understand how verbal instruction provides left brain learning as the right brain waits in anticipation of being included in the learning processes.

Session 3:4 Reimagination/MSE Designs, Resources, & Tools (Karen);

Consultant, designer, and supplier of multi-sensory equipment and environments discusses design possibilities for classroom spaces, and shares resources for educators.

Session 3:5 Visit Snoezelen-Multi-Sensory Environment Room (ALL);

We will visit the Jackson R. Lehman Family YMCA Multi-Sensory Room for hands-on learning.

Session 3:6 Teaching Self-Regulation in the Classroom (Tony);

The multi-sensory room can teach one to self-regulate; it also connects with one's ability to befriend their feelings and to communicate with others. Helping one to control and modify their behavior goes beyond just verbal cues, teaching replacement behaviors, and positive or negative consequences. We will discuss how the person needs to identify the emotions of *befriending* as a process, understanding one's own internal, sensory engine of self-regulation, and being able to express their wants and needs in these moments. Valuing their commitment, challenges, and sense of self-control invites their collaboration with us, especially during moments of difficulty.

Session 3:7 Creating Classroom Snoezelen Materials (Ad);

Simple ideas and explanations for how to create Snoezelen materials using classroom items; Ad will share some ideas from his book, "Snoezelen Materials Homemade" (published in German) about everyday materials and possibilities that generate curiosity and discovery.

Session 3:8 Background pedagogics, the active relationship component, Gentle Teaching and the didactic triangle (Maurits / Tony); Wrap-Up (All)

The theory and practice of the active relationship that guides discovery and learning within the didactic triangle, working towards quality of life outcomes. These outcomes not only provide the needed structure, level of engagement, ability to challenge, and nurturing; mentoring a spirit of gentleness creates "breathing room" or "growing room" for cultivating intrinsic curiosity and a sense of wonder through the collaboration of learning and growing together.