

# 2019

## MSE SPRING TRAINING Workshop in Pittsburgh, Pennsylvania, USA Foundations & Strategies for Multi-Sensory Environments May 16 ~ 17 ~ 18

focused on  
**Therapists  
and other  
Professionals**

**DAY ONE  
May 16**

8:30 - 9:00  
9:00 - 10:25  
10:30 - 11:10  
11:15 - 11:55  
12N - 12:45  
12:45 - 1:20  
1:25 - 2:10  
2:15 - 2:55  
3:00 - 3:40  
3:45 - 4:15

- Registration and Welcome
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- **Session 1:1:** Storytelling: The multi-discipline/therapeutic origin, philosophy and development of Snoezelen (Ad)
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- **Session 1:2:** Autism (Maurits)
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- **Session 1:3:** Working with Dementia and other Memory Disabilities (Ad)
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- **LUNCH BREAK**
- **Session 1:4:** MSE Designs, Resources & Assessment Tools (Karen)
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- **Session 1:5:** Visit Snoezelen-Multi-Sensory Environment Room (ALL)
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- **Session 1:6:** Breathing/Relaxation/Research/Pre-Frontal Lobe Assessment (Tony)
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- **Session 1:7:** Video/PPT Centre De Hartenberg & Other MSE Rooms (Ad)
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- **Session 1:8:** WRAP-UP / All Share & Panel Discussion

focused on  
**Educators**

**DAY TWO  
May 17**

8:30 - 9:00  
9:00 - 10:25  
10:30 - 11:10  
11:15 - 11:55  
12N - 12:45  
12:45 - 1:20  
1:25 - 2:10  
2:15 - 2:55  
3:00 - 3:40  
3:45 - 4:15

- Registration and Welcome
- 
- **Session 2:1:** Storytelling: The educational origin, philosophy and development of Snoezelen (Ad)
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- **Session 2:2:** Edu-Applications for Color, Sound, use of Time in the Classroom (Maurits)
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- **Session 2:3:** Teaching Materials based on a Sensory Processing Assessment (Tony)
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- **LUNCH BREAK**
- **Session 2:4:** Reimagination/MSE Designs, Resources, & Tools (Karen)
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- **Session 2:5:** Visit Snoezelen-Multi-Sensory Environment Room (ALL)
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- **Session 2:6:** Teaching Self-Regulation in the Classroom (Tony)
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- **Session 2:7:** Creating Classroom Snoezelen Materials (Ad)
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- **Session 2:8:** Background pedagogics, the active relationship component, Gentle Teaching and the didactic triangle (Maurits / Tony); & / Wrap-Up (ALL)

focused on  
**Caregivers  
and Family  
Members**

**DAY THREE  
May 18**

8:30 - 9:00  
9:00 - 10:25  
10:30 - 11:10  
11:15 - 11:55  
12N - 12:45  
12:45 - 1:20  
1:25 - 2:10  
2:15 - 2:55  
3:00 - 3:40  
3:45 - 4:15

- Registration and Welcome
- 
- **Session 3:1:** Storytelling: The origin, philosophy and development of Snoezelen (Ad)
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- **Session 3:2:** On Being a Family: A Child with Disability and Snoezelen (Maurits)
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- **Session 3:3:** Creating Meaningful Moments within the MSE (Tony)
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- **LUNCH BREAK**
- **Session 3:4:** Reimagination/Getting a Feel for MSE Designs (Karen)
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- **Session 3:5:** Visit Snoezelen-Multi-Sensory Environment Room (ALL)
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- **Session 3:6:** The Use of Colors, *discovering your child's rainbow* (Maurits)
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- **Session 3:7:** Homemade Snoezelen Materials / Sensory Garden (Ad/Maurits)
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- **Session 3:8:** WRAP-UP / All Share & Panel Discussion

# Foundations & Strategies for Multi-Sensory Environments

## MSE SPRING TRAINING 2019

at HOPE Learning Center of Pittsburgh

12300 Perry Highway, Suite 100, Wexford, Pennsylvania 15090

**DAY 1**  
May 16



focused on  
Therapists  
and other  
Professionals

### Presentation Topic Summaries

#### **Session 1:1**    **Storytelling: The multi-disciplinary, therapeutic origin, philosophy and development of Snoezelen™ (Ad);**

The Origin, Philosophy and Background of Snoezelen, and how therapists and other professionals integrate state-of-the-art Snoezelen™ applications into their practice; Co-founder Ad Verheul illustrates the quality of life outcomes and developmental benefits (social-emotional) of implementing Snoezelen™ approaches and practices.

#### **Session 1:2**    **Autism (Maurits);**

Exploring the sensory channels and discussing meaningful moments that can be created within a multi-sensory environment for increasing the social-emotional development of children with autism. Learn how a multi-sensory environment (MSE) supports facilitation of the relaxation response in people with autism, helping to alleviate habits of anxiety or stress.

#### **Session 1:3**    **Working with Dementia and other Memory Disabilities (Ad);**

From its early to late stages, we will discuss and virtually tour a facility that supports quality of life for people with dementia, creating sensory concepts and spaces that cultivate feeling safe and loved. Information about Snoezelen as an integrated activity in the daily program of nursing homes, emphasizing the benefits of these added activities.

Learn how to engage and interact with others who are challenged with dementia, and how to create fun, effective session plans that are engaging. General information will be shared about the care for demented elderly in the Netherlands, and the theoretical background of Snoezelen in the care for elderly people with dementia.

#### **Session 1:4**    **MSE Designs, Resources & Assessment Tools (Karen);**

Consultant, designer, and supplier of multi-sensory equipment and environments discusses design possibilities and presents resources for therapists and other professionals.

#### **Session 1:5**    **Visit Snoezelen-Multi-Sensory Environment Room (ALL);**

We will visit the HOPE Learning Center Multi-Sensory Room for hands-on learning.

#### **Session 1:6**    **Breathing/Relaxation/Research/Pre-Frontal Lobe Assessment (Tony)**

Current breathing and relaxing research offers much groundbreaking material for reconstructing therapeutic models that support human brain architecture and development, shaped by experiences throughout one's life. An understanding of how this is all connected and how the brain functions and processes these connections is important as we discover how breathing exercises contribute to the construction (and collapse) of these neuro-transmitting connections that enrich (or diminish) quality of life for our clients. A biopsychosocial Snoezelen process will also be explained, and a new assessment tool that integrates the current neuroscience framework will be shared.

#### **Session 1:7**    **Video/PPT Centre De Hartenberg & Other MSE Rooms (Ad)**

- Virtual visits to the Snoezelen complex at the Centre De Hartenberg and other Snoezelen-MSE rooms.
- The first approach in different institutes
- Video impressions of different goal groups and Snoezelen.
- Video practice of Snoezelen

#### **Session 1:8**    **WRAP-UP / All Share & Panel Discussion**

# Foundations & Strategies for Multi-Sensory Environments

## MSE SPRING TRAINING 2019

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**DAY 2**  
May 17

### Presentation Topic Summaries

**Session 2:1**     **Storytelling: The origin, philosophy and development of Snoezelen™ (Ad);**  
The Origin, Philosophy and Background of Snoezelen, for teachers; Co-founder Ad Verheul shares the personal story of how it all began, with observation, curiosity, imagination and dedication to shared discovery and education.

**Session 2:2**     **Educational Applications for Colors, Sound & use of Time in the Classroom (Maurits);**  
A talk for educators, about inclusion, using Snoezelen-MSE approaches for creating meaningful and joyful moments that cultivate deeper connections for all students.

**Session 2:3**     **Teaching Materials based on a Sensory Processing Assessment (Tony);**  
Understanding the basic foundation of how one processes sensory information provides us with an invitation for creating meaningful learning material. What can you do now that you have completed the assessment and identified areas of need? Learn how to be creative through the process of social-emotional development. Understand how verbal instruction provides left brain learning as the right brain waits in anticipation of being included in the learning processes.

**Session 2:4**     **Reimagination/MSE Designs, Resources, & Tools (Karen);**  
Consultant, designer, and supplier of multi-sensory equipment and environments discusses design possibilities for classroom spaces, and shares resources for educators.

**Session 2:5**     **Visit Snoezelen-Multi-Sensory Environment Room (ALL);**  
We will visit the HOPE Learning Center Multi-Sensory Room for hands-on learning.

**Session 2:6**     **Teaching Self-Regulation in the Classroom (Tony);**  
The multi-sensory room can teach one to self-regulate; it also connects with one's ability to befriend their feelings and to communicate with others. Helping one to control and modify their behavior goes beyond just verbal cues, teaching replacement behaviors, and positive or negative consequences. We will discuss how the person needs to identify the emotions of *befriending* as a process, understanding one's own internal, sensory engine of self-regulation, and being able to express their wants and needs in these moments. Valuing their commitment, challenges, and sense of self-control invites their collaboration with us, especially during moments of difficulty.

**Session 2:7**     **Creating Classroom Snoezelen Materials (Ad);**  
Simple ideas and explanations for how to create Snoezelen materials using classroom items; Ad will share some ideas from his book, "Snoezelen Materials Homemade" (published in German) about everyday materials and possibilities that generate curiosity and discovery.

**Session 2:8**     **Background pedagogics, the active relationship component, Gentle Teaching and the didactic triangle (Maurits / Tony); Wrap-Up ( All)**  
The theory and practice of the active relationship that guides discovery and learning within the didactic triangle, working towards quality of life outcomes. These outcomes not only provide the needed structure, level of engagement, ability to challenge, and nurturing; mentoring a spirit of gentleness creates "breathing room" or "growing room" for cultivating intrinsic curiosity and a sense of wonder through the collaboration of learning and growing together.

# Foundations & Strategies for Multi-Sensory Environments

## MSE SPRING TRAINING 2019

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**DAY 3**  
May 18



### Presentation Topic Summaries

**Session 3:1**     **Storytelling: The origin, philosophy and development of Snoezelen™ (Ad);**  
The Origin, Philosophy and Background of Snoezelen, for parents and caregivers; Co-founder Ad Verheul shares the personal story of how it all began, with observation, curiosity, imagination and dedication.

**Session 3:2**     **On Being a Family: A Child with Disability and Snoezelen (Maurits);**  
A talk for parents of a child with a disability, about doing things together, using Snoezelen-MSE approaches for creating meaningful and joyful moments that cultivate deeper connections for all family members.

**Session 3:3**     **Creating Meaningful Moments within the MSE (Tony);**  
Together, the relationship can move toward the discovering of possibilities for one's social-emotional development and self-determination. We will look at how we can facilitate one's social-emotional experience and development, by creating meaningful moments, using *our tools* (safe, loved, loving and engaged).

**Session 3:4**     **Reimagination/Getting a Feel for MSE Designs (Karen);**  
Consultant, designer, and supplier of multi-sensory equipment and environments discusses design and equipment possibilities, home and mobile for parents and caregivers.

**Session 3:5**     **Visit Snoezelen-Multi-Sensory Environment Room (ALL);**  
We will visit the HOPE Learning Center Multi-Sensory Room for hands-on learning.

**Session 3:6**     **The Use of Colors, *discovering your child's rainbow* (Maurits);**  
The use of colors in learning or multi-sensory environments can evoke emotions and influence one's perception and/or experience. Discovering your child's "rainbow" and learning how to apply thoughtful uses of these colors, enriches their space beyond mere functionality. Colors create an invitation for the (social) engaging-emotional self.

**Session 3:7**     **Homemade Snoezelen Materials / Sensory Garden (Ad/Maurits);**  
Simple ideas and explanations for how to create Snoezelen materials using household items; Ad will share some ideas from his book, "Snoezelen Materials Homemade" (published in German) about everyday materials and possibilities. ( Ad )  
How to build and design a sensory / sense garden and how to make special experience stations for your child, with simple, household or nature objects (Ad /Maurits)

**Session 3:8**     **WRAP-UP / All Share & Panel Discussion**